

## **Medications Used in Hair Loss Treatment**

Hair loss is a serious problem seen in both men and women today. While hair loss in women is caused by hormonal reasons, B vitamins and iron deficiency, hair loss in men is mostly genetic. Hair loss in men is caused by a type of hair loss called androgenetic alopecia. If you have a family history of hair loss, you may also have hair loss. Hair loss in men generally reaches its highest levels in the 20-30s and starts to decrease after the 40s.

There are many treatment methods that can be applied for hair loss. Today, treatment methods for hair loss are known as herbal products, laser treatment, FDA (US Food and Drug Administration) approved drugs such as minoxidil and finasteride, PRP, mesotherapy, stem cells and AGF-39. Finasteride and minoxidil are among the most proven drugs in hair loss. It is wondered what effects these two drugs, which we will talk about in detail in the article, have in the treatment of hair loss. This article, where you will reach the desired answer, will eliminate the question marks in your head. Let's start if you are ready.

### **Minoxidil (Rogaine)**

Minoxidil contains stimulants for hair growth. It is a proven drug in the treatment of hair loss. The drug is sold in the form of liquid spray, foam or shampoo. Minoxidil is a drug that should be used regularly at least 1 time a day. The drug should definitely be used regularly and should not be interrupted. Minoxidil starts to show its effect 15 days after it is started to be used. The drug affects hair loss within at least 6 months. This period determined by experts is the healthiest time interval for those who want to see the effect of the drug.

### **Does Minoxidil grow new hair?**

No, minoxidil does not grow new hair. However, when you use it regularly and continuously, you can see that your hair does not fall out. You can use Minoxidil medicine 1 or 2 times a day according to your doctor's recommendation. Generally, it is recommended to use at least 1 time a day. Minoxidil is used in liquid form. In this way, you can spray it directly on the sparse or balding areas in your hair. You need to distribute the liquid you spray on your hair by massaging.

Minoxidil may not be suitable for everyone as it is a drug that should be used regularly. When you do not use the drug regularly, its effect will decrease over time.

### **What are the side effects of Minoxidil?**

Minoxidil is an effective method to stop hair loss. However, the presence of side effects makes careful use mandatory. After you start using minoxidil, you may experience dandruff, crusting, dryness and lifelessness on your scalp. In addition, hair loss is seen in the first weeks of minoxidil use. However, this occurs while the scalp gets used to the drug.

After the scalp gets used to the drug, the hair loss ends. The side effects of minoxidil affect the way many people view the medicine. Minoxidil is usually prepared together with magistral cures. In other words, it contains minoxidil. However, there are also substances that reduce the side effects of minoxidil. The application of these substances, called majistral formulations, will be a healthier decision for you.

The most striking of the disadvantages of minoxidil is that the person who stops using the drug experiences intense hair loss. Minoxidil is an intolerant drug that must be applied regularly. You need to apply a certain amount of medicated spray to your hair every day. After stopping the application, intense hair loss can be seen. In this respect, those suffering from hair loss should be very careful in the use of Minoxidil.

### **Finasteride (Proscar, Propecia)**

Finasteride is a medicine used in tablet form and taken by mouth. Finasteride stops the release of the hormone DHT, which triggers hair loss. However, Finasteride does not grow new hair as in Minoxidil. It mostly stops hair loss.

One of the negative aspects of Finasteride is that hair loss continues when you stop using it, as in Minoxidil. Therefore, it is essential to be regular in the use of Minoxidil and Finasteride.

Finasteride is easy to use because it is an oral medicine. Finasteride, like minoxidil, is a drug that requires daily use. You need to wait at least 3 months to see the effect. Finasteride, unlike minoxidil, is sold by prescription.

The medicine can be taken according to the doctor's advice. In the hair examination by the doctor; factors such as hair type, gender, hormonal status, skin diseases or other health problems or stress are examined. The source of hair loss is determined and the duration and amount of medication is determined.

### **Does Finasteride grow new hair?**

No Finasteride does not grow new hair. Finastreid, just like Minoxidil, is a type of medicine that prevents hair loss and strengthens hair follicles.

Finasteride mostly eliminates the factors that cause hair loss.

You should prefer to use Finasteride and Minoxidil together according to your doctor's recommendation. On the other hand, you can use only 1 medicine. Your doctor may recommend you to use Minoxidil or Finasteride after hair transplant. Minoxidil is recommended to be used 2-3 months after hair transplant, while Finasteride can be used immediately after hair transplant as it is an oral drug.

Hair, beard and eyebrow transplant is performed at Hair Center of Turkey Health Centre under the supervision of experienced specialists. If you are experiencing hair loss, complaining of sparse or bald scalp, you can apply online. You can ask any questions about the transplant process to the consultants of Hair Center of Turkey.