

Can Diabetic Patients Get A Hair Transplant?

Can diabetics have hair transplant? Which diabetics can have hair transplant? If diabetic patients have hair transplant, how does the restoration process take place? Today, many people suffering from hair loss resort to hair transplant treatment to find a radical solution to hair loss and loss. Diabetes patients who want to have long-lasting and healthy hair and want to have a hair transplant are wondering whether they can have a hair transplant.

To give a short answer to this question, yes, diabetic patients can have hair transplantation. However, there must be certain conditions for diabetic patients to have hair transplant. Now let's take a look at the conditions under which diabetic patients can have hair transplantation and how the hair transplant process will be.

You can ask about hair transplant in Turkey and hair transplant in diabetic patients by calling our expert consultants at our Hair Center of Turkey hair transplant clinic. In our Hair Center of Turkey hair transplant clinic, hair, beard and eyebrow transplant is performed under the supervision of specialist doctors and hair transplant specialists. Contact us to get the most accurate information about hair transplant details.

What is Diabetes Mellitus?

Diabetes or Diabetes Mellitus is a disease that refers to the inability of the pancreas to produce enough insulin hormone to balance the sugar content in the blood or to use the insulin hormone it produces effectively.

There are different types of diabetes, which is explained by high blood sugar levels. The most well-known types of diabetes are Type 1 and Type 2 diabetes.

Type 1 diabetes is a type of diabetes that occurs from childhood. In Type 1 diabetes, the immune system, for some unknown reason, inhibits the production of the hormone insulin, which helps to stabilize the rising sugar in the blood. In other words, for some unknown reason, the immune system attacks the pancreatic cells that produce insulin. As a result, the pancreas cannot produce insulin. This is why Type 1 patients need to take the hormone insulin daily to stabilize the sugar in the blood.

The most common type of diabetes in the world is Type 2 diabetes. Type 2 diabetes is seen in people over the age of 35-40. In Type 2 diabetes, also known as insulin resistance, although insulin is secreted in the body that balances blood sugar, the receptors that detect insulin in cells do not work. In other words, cells become desensitized to insulin. This leads to high blood sugar levels in patients.

Diabetes is a serious disease that damages the general functioning of the body. If high blood sugar levels persist for a long time, it can cause permanent damage to the entire body, including the heart and blood vessels, kidneys and eyes. As a result, patients diagnosed with diabetes need to pay close attention to their diet and lifestyle.

Does Diabetes Cause Hair Loss?

Diabetes can cause hair loss. It is very important to take enough protein and vitamins for the growth and elongation of hair follicles, as well as the regular functioning of hormones in the body. In diabetic patients, hormonal changes due to insulin hormone can cause thinning and loss of hair. The main factors that trigger hair loss in diabetic patients can be listed as follows:

- **Circulatory System Problems:** Due to damage to the capillaries in diabetic patients, nutrients and oxygen carried by blood cannot reach the scalp sufficiently. Hair follicles that cannot get enough nutrients may weaken and new hair formation may be delayed.
- **Hormonal Disorders:** In diabetic patients, hormonal disorders may occur as a result of fluctuations in hormone production in the body or defective functioning of hormones. These hormonal imbalances affect the hair growth cycle.
- **Immune System Disorders:** The high sugar content in the blood causes the receptors that detect viruses and bacteria trying to enter our body to become desensitized. This weakens our immune system.

A weakened immune system can cause hair loss.

- **Slowness in Hair Regeneration:** Diabetes is a serious disease that affects the general functioning of the body. Hormonal disorders and weakening of the immune system can lead to interruptions in the hair growth cycle.

Can Type 1 Diabetes Patients Have Hair Transplant?

Type 1 diabetes is a serious disease that occurs from childhood. Type 1 diabetes patients can have hair transplantation if necessary controls are performed and blood sugar levels are kept stable. The hair transplant procedure may take 7-8 hours, depending on the number of grafts to be transplanted and the hair transplant method chosen by the patient. For people with diabetes, hair transplant procedures should be kept short and blood glucose levels should be monitored continuously.

Is Hair Transplant Performed for Type 2 Diabetes Patients?

- It is possible to control Type 2 diabetes with the help of medications and reduce its symptoms. With the help of medications prescribed by a doctor, patients with Type 2 diabetes can have a successful hair transplant surgery.
- What is the Hair Restoration Process of Diabetes Patients?
- It is possible for diabetics to have hair transplant provided that it is under control. However, hair transplant for diabetics is a serious and sensitive procedure. The things to be considered while performing this procedure are as follows:
 - When performing hair transplant for diabetic patients, the latest status of the patient's immune system, the course of the disease and the details of hair loss should be carefully examined.
 - The healing period of the wounds caused by the procedure after hair transplant in diabetic patients takes place later than normal patients. In this respect, the process after hair transplant should be followed carefully.
 - Sterilization of the tools used in hair transplant procedures for diabetic patients and sterilization of the procedure room is very important. Maximum care should be taken to ensure that diabetics never get infected.
 - During the hair transplant procedure performed on diabetic patients, fluid therapy should be applied and the specialist doctor should follow the process.

- The most important stage in hair transplant for diabetic patients is the healing process after the transplant process. Since the healing of wounds in diabetics will be late, it will be best for you to follow your doctor's instructions exactly and work with a clinic that follows the process.
- Hair, beard and hair transplant is performed at Hair Center of Turkey, our hair transplant clinic in Istanbul. Our hair transplant procedures, which are carried out under the supervision of specialist doctors and hair transplant specialists, have a very high success rate. In our Hair Center of Turkey clinic, hair transplant is performed for diabetics. When the conditions of diabetics are under control, the procedures can be performed safely. Thus, you can have long-lasting, strong and healthy hair permanently.